

MONEY-SAVING MEALS + EASY FOOD FOR FRIENDS

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# delicious.

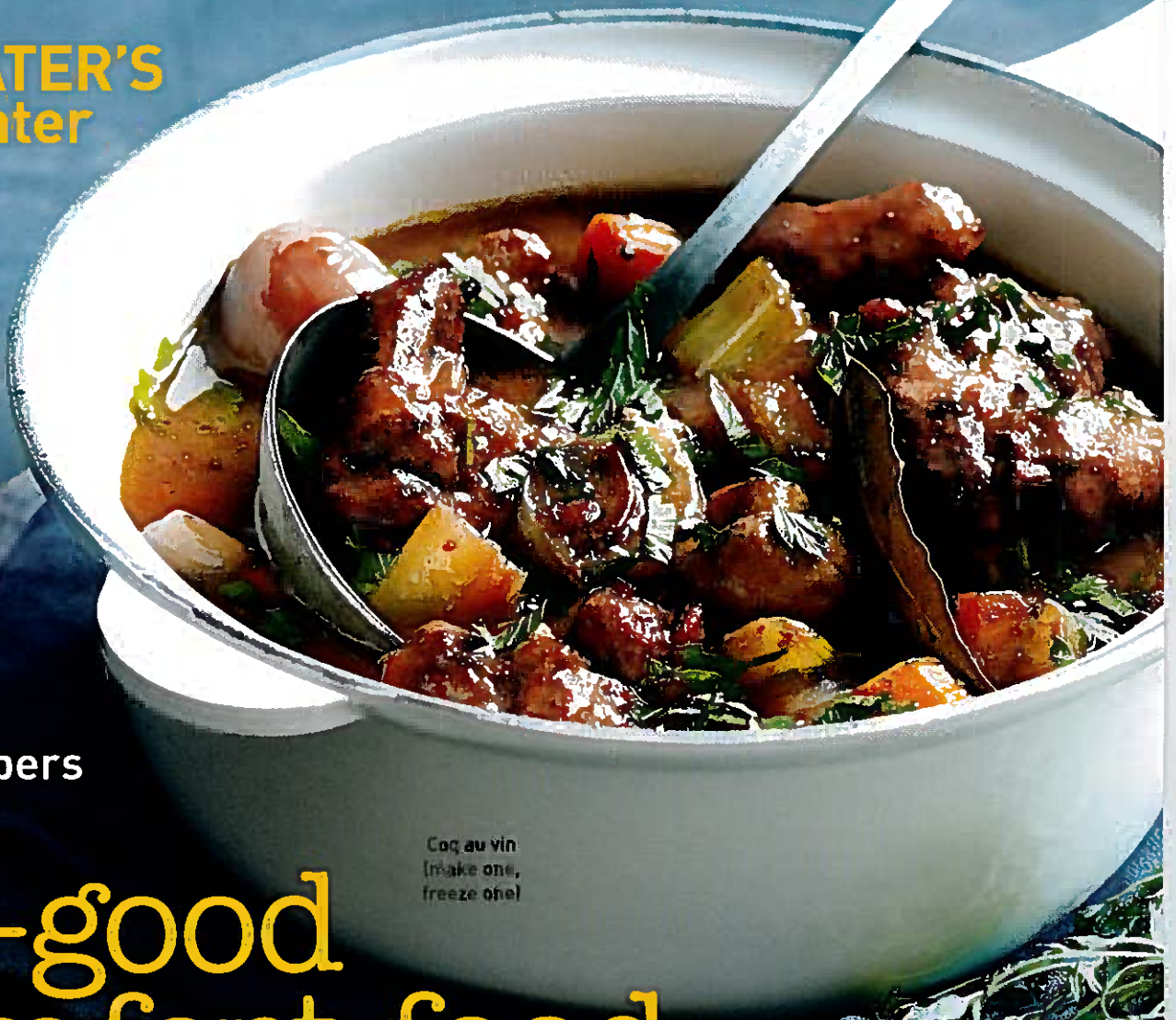
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**NIGEL SLATER'S**  
Hearty winter  
recipes

**FREEZE  
AHEAD**  
Casseroles  
and stews

How to make  
your own  
marmalade

**COOKING  
FOR TWO**  
Low-calorie  
midweek suppers



Coq au vin  
(make one,  
freeze one)

## Feel-good comfort food



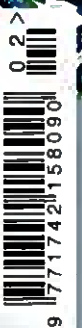
**CHING'S  
NEW STYLE  
CHINESE  
STIR-FRIES**



**FRENCH  
CLASSICS  
WARMING  
SUPPERS**



**SUNSHINE  
DESSERTS  
FRUITY  
& STICKY**





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per square metre (0113 201 2240; [parapan.co.uk](http://parapan.co.uk)). If you're having trouble eliminating messy fingerprints from your kitchen units, an E-cloth will clean them up in no time: Lakeland sells them for £4.88 ([lakeland.co.uk](http://lakeland.co.uk)).

#### 12 SPACE INVADER

Do you have an old-fashioned larder or pantry that you just don't know what to do with? The latest trend is to turn the space into a stylish breakfast cupboard, complete with shelving for crockery, toaster and kettle, a marble slab for keeping butter cold, a mini fridge, sink with hot water tap, specially sized shelving slots for cereal boxes, pull-out

storage, integral chopping board and interior task lighting. Smallbone of Devizes is an expert in this type of transformation, and for an investment of around £12,000 the company will create a customised version to suit your space (020 7589 5998; [smallbone.co.uk](http://smallbone.co.uk)).

#### 13 TV DINNER

Taking the traditional cookbook to a whole new level, Belling has launched an interactive cookery guide called Media Chef. Priced at £169, the tabletop screen enables you to watch, follow and master recipes from its eight-inch screen. Pre-set with 48 cook-along demonstrations

from three chefs including Brian Turner, it comes with a remote control so you can stir, simmer and sizzle at your own pace. The screen can also serve as a digital photo frame, calendar and MP3 player (0844 248 4149; [bellingmediachef.co.uk](http://bellingmediachef.co.uk)).

#### 14 FLAT PACK

One way to save space in cupboards is to swap bulky kitchen kit for neat foldaway options. Joseph Joseph has a fun range of collapsible accessories, including a grater; colander; and rinse-and-chop combined colander and chopping board (shown), priced £15 each (020 7261 1800; [josephjoseph.com](http://josephjoseph.com)).

#### 15 THAT'S NEAT

Second Nature's extra-wide drawer organiser has space for all your cutlery, chopping boards, a knife block and a set of spice jars, too. Made from solid beech, the organiser costs £175 (01325 505539; [sncollection.co.uk](http://sncollection.co.uk)).

#### 16 POP-UP ACTION

When you don't have a convenient place to site a conventional extractor, the solution is a counter-top number. This discreet model (DHD7000X) is available from De Dietrich, priced around £1,350, is set into the work surface beside the hob, and pops up into action (08707 503503; [dedietrich.co.uk](http://dedietrich.co.uk)).