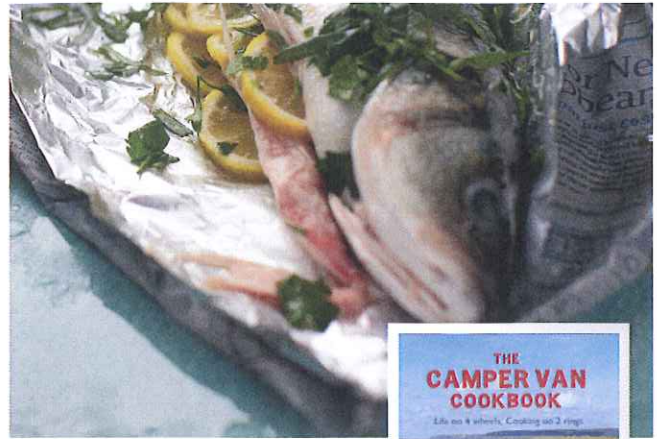


Hands on

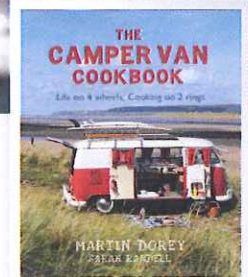
Picked up at Glanvilles in Wadebridge, this melamine salad bowl by Joseph Joseph has good design all over it. The integrated salad server hands slot in, making it a cool and practical solution for picnics too.

www.glanvillesofwadebridge.co.uk



Living the dream

With over 80 fabulously tasty recipes you can cook on just two rings, this is the dashboard bible for anyone who ever dreamed of hitting the road at the wheel of a classic VW camper. This new book from campervan cook Martin Dorey is an inspiration, and includes loads more good tips for successful camping than just how to cook up a feast.



tops now.

foodies' diary July/August

Trevaskis Farm has The Big Weekend on July 3-4. Three large marquees will be full of local suppliers, a chefs' stage, and fishmonger and butchery demos.

www.trevaskisfarm.co.uk

The **Maritime Festival** in Mousehole is on July 9-11. Foodie attractions include cooking demonstrations.

www.seasalts.co.uk

Looe Festival by the Sea is on July 10-11. Expect lots of local food and drink stalls.

www.taste-southeastcornwall.com



Port Eliot Festival on July 23-25, with a guest appearance from Hugh Fearnley-Whittingstall in the Big Kitchen.

www.porteliotfestival.com

Newlyn Fish Festival is on August 30. There'll be cooking demos, children's workshops, fish auctions and lots of entertainment.

www.newlynfishfestival.org.uk

Throughout July, August and September **New Yard Restaurant** at Trelowarren will have a Lobster Supper menu for £30.

www.newyardrestaurant.co.uk

The **Cornish Guild Of Smallholders Show** has moved to the Royal Cornwall Showground. It will be on August 21. www.cgos.co.uk



We're loving the homemade biscotti at Vanilla in Truro. Like us, customers are queuing up for the recipe!



New food find

Helston's got a cool new bar and restaurant. Henly's opened on Church Street at the end of April and has already attracted a loyal local following. It's got a downstairs bar and upstairs restaurant, which in the evenings has dishes such as local crab and fennel salad on the à la carte menu.

www.henlysbarendrestaurant.co.uk