

FREE CLARINS GIFT WORTH OVER £19 FOR EVERY READER\*

# SHE

for women who juggle their lives

# 175

## HOT FASHION BUYS

▶ MAKE SPRING'S LATEST TRENDS WORK FOR YOU

# The life you want... NOW

Get THAT pay rise - you're worth it!  
Easy ways to get healthier today  
Stress less! We quick-fix your worries



EXCLUSIVE

## Tess Daly

on 'working mum' guilt, trusting Vernon and moving to L.A.

MAKE-UP MADE SIMPLE YOU CAN WEAR THE SEASON'S NEW COLOURS!

THE SECRETS OF MARRIED MEN AND NO-STRINGS SEX

\*WHEN YOU BOOK A MAKEOVER



Hovskär single-lever mixer tap, £79, Ikea (ikea.co.uk)



Ginkgo print, £38, Bold & Noble (boldandnoble.com)



Dual fuel range cooker, £999, John Lewis (johnlewis.com)



Cotton Sundae tea towel, £7.50 for three, Habitat (habitat.co.uk)



Herb chopper, £18, Joseph Joseph (josephjoseph.com)



Porcelain mug, £6 for four, Tu at Sainsbury's (sainsburys.co.uk) ▷